

## VUJEVICH DERMATOLOGY ASSOCIATES, PC

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### COMMON BENIGN (NOT CANCEROUS) SKIN GROWTHS

#### Seborrheic Keratoses (SK's)

- Light tan to brown, rough bumps that appear "stuck-on" the skin.
- Often confused with moles or warts.
- Range in size from a fraction of an inch to larger than a half-dollar.
- Cause is unknown.
- Run in families and more common with advancing age.
- Occasionally itch or become irritated.
- Do not require treatment, but can be removed for a cosmetic fee.

#### Cherry Angioma

- Smooth, bright red to purple bumps.
- Often appear on the trunk.
- Made up of clusters of tiny blood vessels at the surface of the skin.
- Occasionally bleed if traumatized and in that case can be removed.
- Cause is unknown, but occurs more frequently with increasing age.

#### Solar Lentigo (Sun spots/ Liver spots)

- Tan to light brown, flat, round to oval spots.
- Usually appear on the face, arms, or hands.
- Unlike freckles, they are often larger and do not fade away in the winter.
- Caused by years of exposure to sunlight and often increase in number with advancing age.
- If they change and have more than one color, get larger or have irregular borders, your dermatologist should be notified.
- Do not require treatment, but can be removed for a cosmetic fee.

#### Dermatofibroma

- Round, brown to purple, hard lumps on the skin.
- Most frequently found on the legs.
- Made up of scar tissue.
- Cause is unknown, but may be related to an injury or insect bites.

#### Skin Tag

- Soft, brown or flesh-colored lesions that project from the surrounding skin on a narrow stalk.
- Most commonly found around the neck, eyelids, armpits, groin, and in body folds.
- Cause is unknown, but typically begins to appear with advancing age or after pregnancy.
- Do not require treatment; however they can be removed with cryotherapy or sharp scissors for a cosmetic fee.

